

## Yes, I Want To Support Ride the Divide

I/We would like to sponsor the whole trail **\$2,585**

### I/We would like to sponsor

**SECTION 1:** Roosville to Bannack State Park **\$320**

**SECTION 2:** Bannack State Park to Streetwater River Crossing **\$300**

**SECTION 3:** Streetwater River Crossing to Dillon Reservoir **\$151**

**SECTION 4:** Dillon Reservoir to Platoro **\$135**

**SECTION 5:** Platoro to Pie Town **\$185**

**SECTION 6:** Pie Town to Antelope Wells **\$127**

I/We would like to sponsor \$ \_\_\_\_\_ per mile

\_\_\_\_\_ x **2,500 miles** = \_\_\_\_\_

(For example .10 per mile x 2,500 miles = \$250)

**Check enclosed** (payable to Pinnacle School)

I prefer to use my credit card:  MasterCard  VISA

Card Number

Exp. Date (mo/yr)

Security Code

Signature

Name(s)

Address

City

State

Zip

Email

Phone Number with Area Code

### Please send your contribution to:

Pinnacle School, 1503 W. Arlington Rd., Bloomington, IN 47404

### You may also donate online at [www.pinnacleschool.org](http://www.pinnacleschool.org).

Click on the donate button, and be sure to designate what you want to purchase in the "note" box.

### Or, call 812-339-8141

Pinnacle School/The dePaul Reading and Learning Association, Inc. does not share donor information with other organizations.

## Thank you!



Pinnacle School  
1503 W. Arlington Rd.  
Bloomington, IN 47404

812-339-8141 Phone  
812-339-8390 Fax  
[info@pinnacleschool.org](mailto:info@pinnacleschool.org)

Pinnacle School/The dePaul Reading and Learning Association, Inc. is a non-profit 501(c)(3) organization. Your gift may be tax deductible.

# RIDE THE DIVIDE

Sasha Land and Jason Eshleman  
are biking the 2,500 mile  
Continental Divide for dyslexia!

You can help by sponsoring miles  
or sections of the trail.



Sponsored by:





### Continental Divide Mountain Bike Trail Statistics

**World's longest mountain bike route: 2,490 miles**

Montana: 695 miles  
 Idaho: 72 miles  
 Wyoming: 483 miles  
 Colorado: 544 miles  
 New Mexico: 696 miles

**Lowest elevation:**  
 2,577 feet above  
 sea level near the  
 Canadian border

**Highest elevation:**  
 11,910 feet above sea  
 level at Indiana Pass,  
 near Del Norte, CO

## The Six Sections of the Divide

**SECTION 1:** (16 days; 576.7 miles)

### Rosville to Bannack State Park

They'll start the Continental Divide mountain bike trail in Port of Rosville, MT, on the border of Canada. During the next 16 days they will pass through five national forests: Kootenai, Flathead, Lolo, Helena, and Beaverhead-Deerlodge.

**SECTION 2:** (12 days; 560.5 miles)

### Bannack State Park to Streetwater River Crossing

Day 17 begins winding through ranching country near the Lewis and Clark National Historic trail. In Idaho, they'll follow an old Union Pacific rail line, and then connect to the trail between Yellowstone and Grand Tetons National Parks. Riding directly on top of the Continental Divide in some places, they'll finish this leg near South Pass City, WY, a once bustling mining town.

**SECTION 3:** (8 days; 396 miles)

### Streetwater River Crossing to Dillon Reservoir

Day 29 begins with the tough Great Basin crossing — a 3,600 square mile area where water drains neither east nor west. Instead, water drains inward, evaporating or pooling into temporary lakes. They will need to bring enough water to last, because the next chance to fill up their water bottles doesn't happen for 75 miles!

In the Streetwater corridor of central Wyoming four historically important trails converge: the Oregon, Mormon Pioneer, California, and Pony Express. They'll finish this section in Summit County, Colorado, home to Vail, Copper Mountain, and other ski resorts.

**SECTION 4:** (9 days; 338.1 miles)

### Dillon Reservoir to Platoro

Day 37 begins along a paved recreational bike path that takes them to the town of Breckenridge. From here, they'll follow the old railway lines over Boreas Pass, the highest Continental Divide crossing at 11,482 feet. At the end of this section, they will have climbed 4,000 feet from Del Norte to the trail's high point: Indiana Pass at 11,910 feet.

**SECTION 5:** (10 days; 412.1 miles)

### Platoro to Pie Town

After riding 15 miles in Colorado, they'll enter New Mexico on day 46. From the Colorado-New Mexico border, they only have 696 miles left to go! Passing colorful, small towns, they will wind through National Forests and Acoma Indian tribal lands. After traveling through Santa Fe National Forest, our riders will eventually cross the famed Route 66.

**SECTION 6:** (7 days; 309.1 miles)

### Pie Town to Antelope Wells

Day 55: The last section begins in national forest lands, crosses the western edge of the Plains of San Agustin, and finally climbs back up into the Gila National Forest. In Silver City, the forest and mountain part of the journey ends, and they will spend the last part of the trip cycling through the Chihuahuan Desert.

## Meet the Riders



**Sasha Land** is the engineering teacher and STEM coordinator at Pinnacle School, where he has been since 2008. He studied Elementary and Special Education at Indiana University, Bloomington. Sasha was a part of the winning

Cutters Little 5 team, and was their team captain his senior year. Sasha has also ridden across the country before. In the summer of 2001, he rode from San Francisco, CA to Washington, D.C. for a charity called Just Act. And, in the summer of 2000, he rode the Continental Divide on behalf of Rhino's All Ages Music Club. Sasha is a Category 2 road, track, and mountain bike racer.



**Jason Eshleman** is a 23 year old IU graduate living in Bloomington, Indiana. He enjoys cycling, climbing, hiking and pretty much anything outdoors. He grew up in Carmel and has lived in Indiana his whole life. His last bike tour

was in 2008, where he rode 1,500 miles across Arizona, Utah and Colorado. Biking the Divide is something he has dreamed about doing for over 3 years and he is very excited that he is finally getting the chance to do it.

### WHAT ARE THEY TAKING?

Sasha and Jason will pull a BOB IbeX plus Suspension Trailer behind their bikes. They will put all of their supplies in a dry sack on this trailer, to keep everything from getting wet.

They each have to bring:

Water	Warm hat
Water filter	Bandanas
Food	Mountain bike shoes
Whistle	Light weight sandals
Space blanket	Waterproof shoe covers
Helmet and leather gloves	Water bottles/ hydration bladder
Map and compass	Sleeping bag
Waterproof matches/ butane lighter	Sleeping pad
Flashlight/head lamp	Lightweight tent
Foul-weather gear	Waterproof ground cloth
Pocketknife	Backpacking stove and fuel bottles
Bicycle tools	Waterproof stuff sacks
First aid kit	Toiletries
Two pairs cycling shorts	Solar Charger
Two short sleeve jerseys	
One long sleeve jersey	

## Logistics

### FOOD DROPS

Sasha and Jason will have to carry all of their water, a water filter and some of their food. Because food is so heavy and will spoil, they will set up food drops along the trail. Someone from back home will send a package general delivery to post offices along the route. The food drop has to be timed just right so that Sasha and Jason do not have to wait around for the package, or so that the post office does not lose their package. There will be about 8 food drops during their ride.

They also have to plan ahead. Often they will be riding for up to 5 days with no access to amenities. Enough food has to be sent to them before these stretches so they are not stuck on the trail without any food.

### ON THE TRAIL

During the ride, Sasha and Jason will remember the rules of the trail:

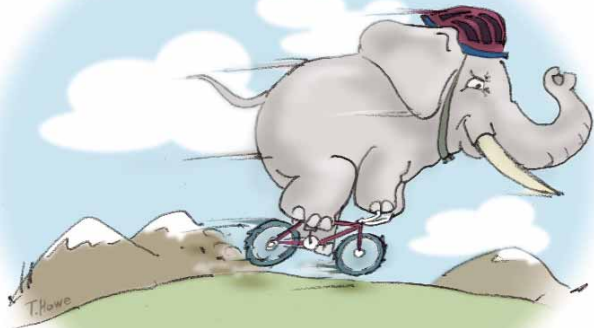
#### **Rules of the Trail**

1. Ride on open trails only
2. Leave no trace
3. Control your bicycle
4. Always yield trail
5. Never spook animals
6. Plan ahead

Since many of the trails and roads are unmarked, they will use a cyclocomputer, which tracks how many miles they have ridden. All of the routes in the guidebook are based on mileage because there are no signs or obvious land marks. A detailed map, compass, and a GPS system are also useful.



# Raising Money for Dyslexia



Pinnacle School is a non-profit K-12 school for bright students with dyslexia and similar learning differences. We use individualized approaches to instruction, with a large emphasis on technology. All the money raised will be used to help develop Pinnacle's new technology initiative. Students with dyslexia are visual, hands-on learners. This fall all students will get a personal technology device, like a Netbook, tablet, or i-Pod touch, to use in the classroom. Money will also go towards purchasing SmartBoards for each classroom. All donations are tax deductible.

Dyslexia affects 1 in 6 children. Most people learn to read and write by using the language centers in the brain without even thinking about it. Dyslexia makes it harder to process letters, numbers, math symbols, and even music notes.

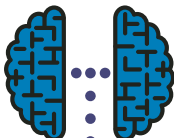
## HOW DOES THE BRAIN READ?

### LEFT BRAIN

- helps connect letters to sounds
- puts those sounds together into words
- finds those words on a page

Look at the word "bunny" — the b, u, n, and y all make separate sounds that you blend together to make one word.

n u d b  
o y q i



What do you think of when you see the word "bunny"? What color is it? What is it doing?



Working together, the brain connects all the experiences you have "filed" for that word.

b-u-n-n-y

### RIGHT BRAIN

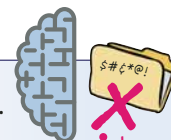
- works more with images and shapes
- helps take in the whole picture
- connects ideas

### THE DYSLEXIC LEFT BRAIN CAN'T ...

- ... connect letters to sounds
- ... combine sounds into words
- ... keep stuff in order
- ... find the correct "filed" information

The information or "files" are there, but you can't always get to them.

It's kind of like a computer desktop where files aren't labeled consistently.



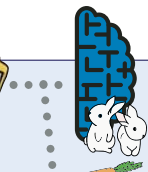
n u d b  
o y q i

d-u-n-i

### THE DYSLEXIC RIGHT BRAIN CAN ...

- ... supply visual and spatial strengths
- ... connect ideas creatively
- ... problem solve
- ... see the whole as the sum of its parts

Special learning strategies to teach students with dyslexia rely on using multiple pathways — vision, hearing, and touch — all at the same time. This creates "files" that the brain can find.



b-u-n-n-y

# How You Can Help

Support Sasha and Jason as they Ride the Divide. Help them complete their 62 day journey and raise money for Pinnacle School in three ways: Sponsor

- 1** The whole trail      **2** Sections of the trail      **3** Miles

Sasha and Jason have contributed all of their gear and their time to this cause. Your donation will help raise money to support Pinnacle School's work with children and dyslexia. If you sponsor a section of the trail, you will receive an electronic postcard, a photo, and email updates from the trail. If you sponsor the whole trail will also receive a commemorative bike jersey. Donors who sponsor miles will receive email updates.

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### MILES:

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(For example .10 per mile x 2,500 miles = \$250)

**Fill out the form on the back panel and mail it to the address provided ...**

**Or, donate online at [www.pinnacleschool.org](http://www.pinnacleschool.org).**

Click on the donate button, and be sure to designate what you want to purchase in the "note" box.

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